



U.S. MASTERS SWIMMING

Board of Directors Candidate Application Form

Date Submitted

Friday, June 19, 2026

Section 1: Candidate Information

Board Position Title

At-Large Director-Northwest Zone

Candidate Name (as on USMS registration)

Robert Heath

Preferred Name

Rob

Profile Photo Upload



Section 2: Qualification Questions

I am a current USMS member in good standing in this election year.

Yes

I have completed ONE of the following in the past five years: A) Attended one or more annual meetings, B) Been on a standing committee or permanent committee of the Board of Directors, or C) Been a member of my LMSC Board of Directors.

Yes

USMS annual meetings attended in the last 5 years

Year Attended
2021
2022
2023
2024
2025

USMS standing or permanent committee(s) served on in the last five years

Committee(s)
Championship

LMSC Board position(s) served on in the last five years

Position
At-Large Director, Northwest

I plan to attend the Annual Meeting this year.

Yes

I plan to attend all Annual Meetings, Board of Director meetings, and other assigned meetings during my tenure.

Yes

I have the technological capability to fully participate in USMS videoconference meetings.

Yes

For at-large director positions: I am a member of an LMSC within my zone of candidacy.

Yes

Section 3: Nomination and Recommendations

First Nominator and Recommender

Recommender 1: Name

Jim Clemmons

Recommender 1 LMSC

Snake River

Second Recommender

Recommender 2: Name

Mike Hamm

Recommender 2 LMSC or N/A

Inland Northwest

Section 4: USMS Background

USMS Permanent Member Number

03JPG

USMS Profile URL

<https://www.usms.org/people/03JPG>

Current LMSC

Inland Northwest

Years as a USMS Member

24

Service at the LMSC Level

How many years have you served your LMSC?

10+

LMSC Service History

LMSC Position/Committee	Length of Service (Years)
Inland Northwest - Chair	3
Inland Northwest - HOD Delegate	7
Pacific - Equipment Chair	7
Pacific - HOD Delegate	8

Service at the Zone Level

How many years have you served at the Zone level?

0

Service at the National Level

How many years have you served at the National level?

10+

National Service History

National Position/Committee	Length of Service (Years)
Championship Committee	10
At-Large Board- Northwest Zone	2

Section 5: General Questions for all Candidates

Please state why you are interested in serving on the USMS Board of Directors.

I look forward to continuing the work we started 2 years ago. It feels as though the first year or so was spent just getting adjusted to the board procedures and policies, with most of the At-large Directors being new to the board in '24.

Please share a personal story about what USMS's mission means to you.

Having been a competitive swimmer through my first year of college, and taking 27 years between my 2 swimming "careers", USMS reignited my passion for swimming with the social connection we share at meets and events. My first meet had a 90+ year-old swimming before me, and a dad handing his baby to the timer in the heat after me. Our mission doesn't get an endorsement any clearer than that!

What do you consider to be USMS's greatest opportunities for the next 2-4 years? How might the Board support these opportunities?

Growing College Club Swimming and Grown Up Swimming are 2 great opportunities to grow our organization. The board is active in supporting those groups and encouraging those swimmers to grow in their swimming activities.

Section 6: Position-Specific Questions

What makes you a good candidate for a USMS at-large director? What skills, experiences, and attributes do you have that will contribute to the success of USMS?

I work well with others, have an open mind to alternative ideas, use common sense as a rule, and love the sport!

Describe an experience of how you have (or would have) balanced your own perspective with input from individuals representing various viewpoints, and how you ensured that all perspectives were considered.

When I first heard about Grown-Up Swimming, I thought it was a waste of time, not knowing any of the details of the relationship. After joining the Board and hearing the details of the arrangement, I now think that it's a great fit with USMS.

Section 7: Agreements and Submission

Election Operating Guidelines	Accepted
Board Standards	Accepted
Conflict of Interest Policy and Questionnaire	Accepted
Code of Conduct	Accepted
Unsporting Conduct	Accepted
Attestation	Accepted
Consent to Publish	Accepted
Consent to Run	Accepted

Signature

A handwritten signature in black ink, appearing to read 'R. H. H.' with a stylized flourish at the end.

Date Signed

Friday, June 19, 2026



U.S. MASTERS SWIMMING

Board of Directors Nomination/Recommendation Form

Submitted on

Friday, June 26, 2026

Section 1: Nominator/Recommender Information

Name

Jim Clemmons

LMSC or N/A

Snake River

Zone or N/A

Northwest

USMS Permanent Member Number

03F93

Section 2: Candidate Information

Board Position Title

At-Large Director-Northwest Zone

Candidate Name (as on their USMS registration)

Robert Heath

Section 3: Nomination & Recommendation

How do you know the candidate?

Rob and I have known each other for more than 50 years now, since the early 1970's. I was one of his age group coaches when he was still in high school and swimming AAU. After he left the program to attend college, we occasionally touched base. In the early 2000's, we crossed paths and we discussed him joining the team I was swimming with, in the CA Bay Area, and have been connected ever since.

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?

Rob is a passionate coach and swimmer. He's been involved with team administration, USMS LMSC, Zone and National level positions and a Championship Committee member for ten or so years. He's the current NW Zone at-Large director so is very aware of the commitment and responsibilities necessary to execute the requirements of the position. He always considers the needs and goals of swimmers and the organization as a priority, even when it isn't comfortable to "buck the system."

Section 4: Agreements & Submission

Nominator/First Recommender

Accepted

Attestation

Accepted

Consent to Publish

Accepted

SignatureA handwritten signature in black ink that reads "Jim Clemmens". The signature is written in a cursive, flowing style with a large initial "J" and "C".**Date Signed**

Friday, June 26, 2026



Board of Directors Nomination/Recommendation Form

Submitted on Sunday, June 21, 2026

Section 1: Nominator/Recommender Information

Name	Michael Hamm
LMSC or N/A	Inland Northwest
Zone or N/A	Northwest
USMS Permanent Member Number	039ZY

Section 2: Candidate Information

Board Position Title	At-Large Director-Northwest Zone
Candidate Name (as on their USMS registration)	Rob Heath

Section 3: Nomination & Recommendation

How do you know the candidate?
Have coached, trained and administrated with Rob for over 4 years

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?
Excellent delegator, passion for USMS. Very engaging and creates an inclusive atmosphere for all participants. (Athletes, patrons, officials and volunteers)

Section 4: Agreements & Submission

Second Recommender
Accepted

Attestation
Accepted

Consent to Publish
Accepted

Signature

A handwritten signature in black ink, appearing to read "M. Han". The letters are cursive and fluid, with a large initial "M" and a stylized "Han".

Date Signed

Sunday, June 21, 2026